



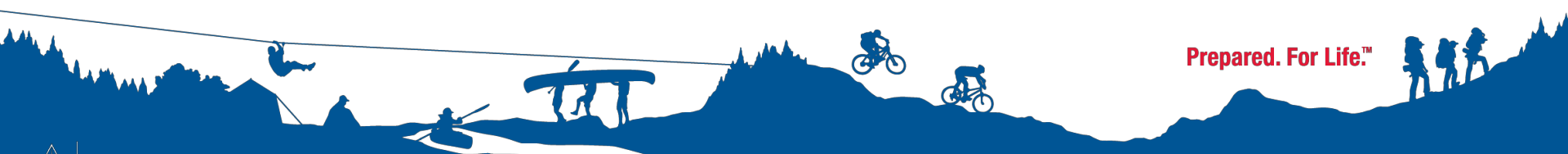
CAMPING



“Camp is what the boy looks forward to in Scouting.”

“A week of camp life is worth six months of theoretical teaching in the meeting room.”

Sir Robert Baden-Powell



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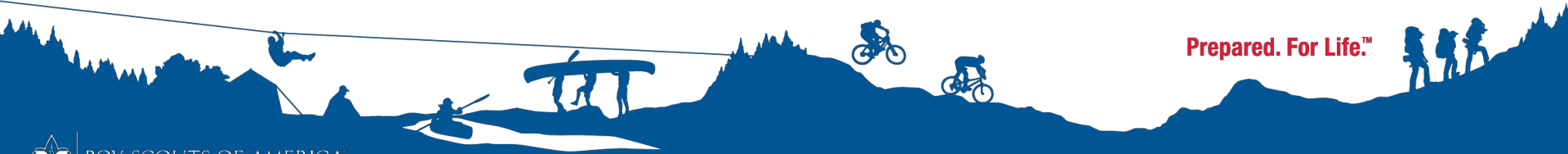




CAMPING



WEEK 1



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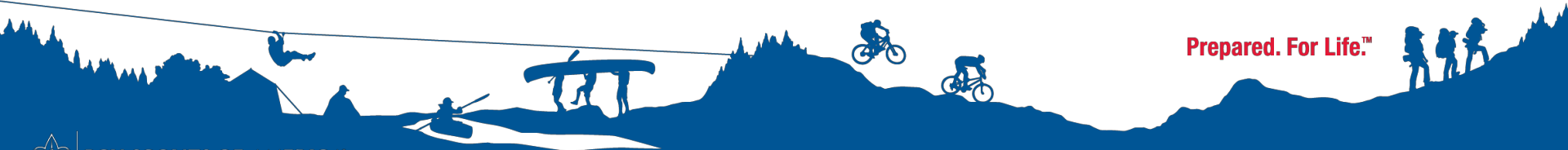


Camping Merit Badge



Camping is one of the best-known methods of the Scouting movement. When he founded the Scouting movement in the early 1900s, Robert Baden-Powell encouraged every Scout to learn the art of living out-of-doors. He believed a young person able to take care of himself while camping would have the confidence to meet life's other challenges, too.

The Camping merit badge was one of the Original 57 Merit Badges issued by the Boy Scouts of America in 1911.



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Merit Badge Completion

- You will earn the Merit Badge when you have completed all the requirements of the MB and have a follow-up meeting with your Merit Badge Counselor.
- If you have any questions, you may contact MB Counselor, TAC John Benedict, via email at johnbenedict2@hotmail.com.
- Always copy your parent and Scoutmaster Carico (katie@carico.net) when communicating by email.

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Purpose of this MB class

- Will be taught somewhat in reverse compared to Merit Badge midway. No prerequisites need to be completed, we are starting now!
- Some of the requirements will be completed in this class, some in future meetings, some on campouts, and some on your own.
- We will meet prior to a future camping trip for a planning session. It will be this group's responsibility to perform a good portion of the planning for this camping trip.
- You must complete 20 nights of camping to earn this MB.
- After you have completed the 20 nights of camping, schedule a meeting with your Camping MB counselor to check off the requirements and earn the badge.

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What you need

- **The Camping MB book. You should read the book.**
- **A Blue Card**
- **The Camping Merit Badge workbook**
- **Complete the workbook as we discuss the topics!**

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Challenging Requirements

- 4 A/B – Help a Scout Patrol prepare for a campout. (Duty roster, menu plan, equipment needs, general plan & camp setup) *
 - 8D – Cook meals – at least one a lightweight stove * or **
 - 9A - Completed 20 nights of camping signed off in Scout Book.
 - 9B – Complete 2 (Hike up a mountain, backpack, snowshoe, or cross-country ski, take a bike trip, float trip of at least four hours, overnight snow camp, or rappel)
 - 9C – Perform a conservation project * or **
-
- * Can be done at Troop camping trip
 - ** Can be done at Summer camp

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Requirement 1A - Preparation

- What are the most likely hazards you may encounter while participating in camping activities, and what you should do to anticipate, help prevent, mitigate, and respond to these hazards. P15-16
- You may be far from help. Make sure others know where you are going and when you will be expected back.



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Requirement 1B – First Aid

- Show that you know first aid for and how to prevent injuries or illnesses that could occur while camping, including hypothermia, frostbite, heat reactions, dehydration, altitude sickness, insect stings, tick bites, snakebite, blisters, and hyperventilation.



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Requirement 4A – Make a duty roster

- Make a duty roster showing how your patrol is organized for an actual overnight campout. List assignments for each member.
- Troop forms (10 essentials list, camping personal gear list, menu planner, & duty roster) can be found at: <http://rwstroop61.org/reference/>
- PLs keep blank copies of the menu planner, & duty roster in their Patrol binder.

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Requirement 5A – Clothing

- Prepare a list of clothing you would need for an overnight campout in both warm weather and cold weather.
 - Warm weather
 - Cold weather
- Explain the term layering



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Requirement 5B - Footwear

- Discuss footwear for different kinds of weather and how the right footwear is important for protecting your feet.



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Requirement 5C – Equipment care

- Explain the proper care and storage of camping equipment (clothing, footwear, bedding, etc.).



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Requirement 5D – Outdoor Essentials

- List the outdoor essentials necessary for any campout, and explain why each item is needed.
 - Pocketknife
 - First Aid Kit
 - Extra clothing and rain gear
 - Water bottle
 - Flashlight
 - Trail food
 - Matches and fire starters
 - Sun protection
 - Map and compass



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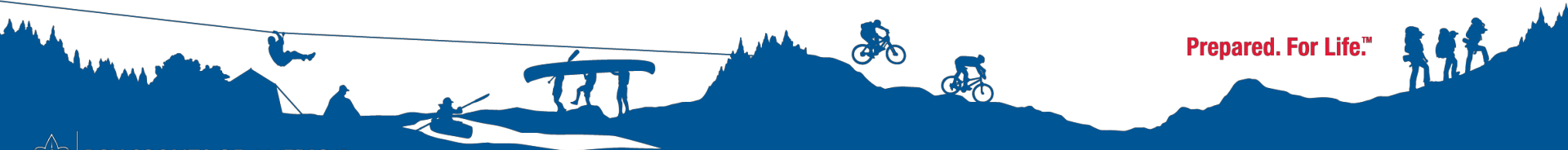




CAMPING



WEEK 2



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Requirement 2 - Leave No Trace

- Plan ahead and prepare
- Travel and camp on durable surfaces
- Dispose of waste properly
- Leave what you find
- Minimize campfire impacts
- Respect wildlife
- Be considerate of other visitors



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Requirement 2 – Outdoor Code

As an American, I will do my best to -

- **Be clean in my outdoor manners,** (I will treat the outdoors as a heritage. I will take care of it for myself and others. I will keep my trash and garbage out of lakes, streams, fields, woods, and roadways.)
- **Be careful with fire.** (I will prevent wildfire. I will build my fires only where they are appropriate. When I have finished using a fire, I will make sure it is cold out. I will leave a clean fire ring, or remove all evidence of my fire.)
- **Be considerate in the outdoors.** (I will treat public and private property with respect. I will use low-impact methods of hiking and camping.)
- **And Be conservation minded** (I will learn how to practice good conservation of soil, waters, forests, minerals, grasslands, wildlife, and energy.. I will urge others to do the same.)

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Requirement 2 – Personal Plan (Do this on your own)

- Write a personal plan for implementing the Outdoor Code principles on your next outing.
- Complete and enter into MB workbook.
- **Example: I will practice Leave no Trace principles at our next camp outing. I will be clean in my outdoor manners** by making sure that I do not litter next time I camp. I will pickup all trash that I see even if it does not belong to me. **I will be careful with fire** by only starting fire' in authorized fire pits. I will never burn plastic or items not intended to be burned. I will not poke the fire with a stick and then wave it around..... etc.

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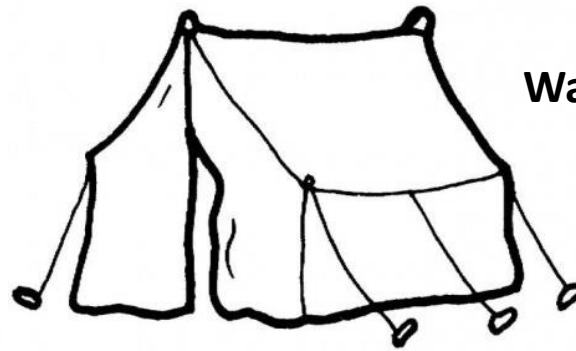
Requirement 6A - Tents

- Describe the features of four types of tents, when and where they could be used, and how to care for tents.

Hybrid Tent

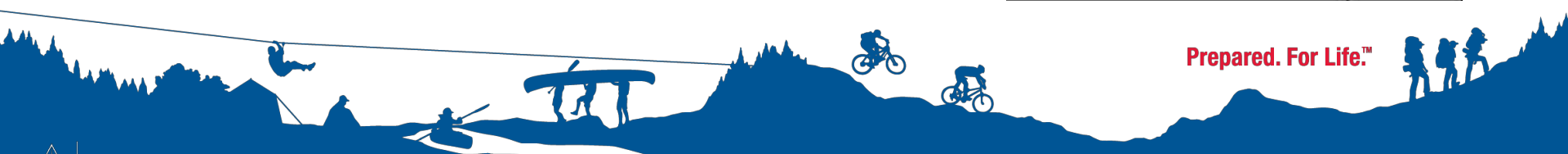


Dome Tent



Wall Tent

**A Frame Tent
(not pictured)**

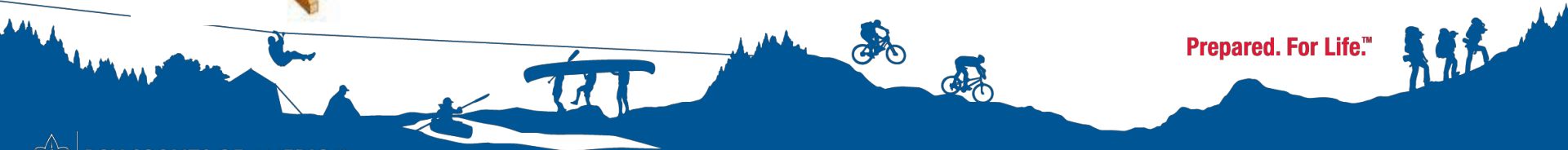


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Requirement 6C – Where to pitch your tent

- Describe the factors to be considered in deciding where to pitch your tent.



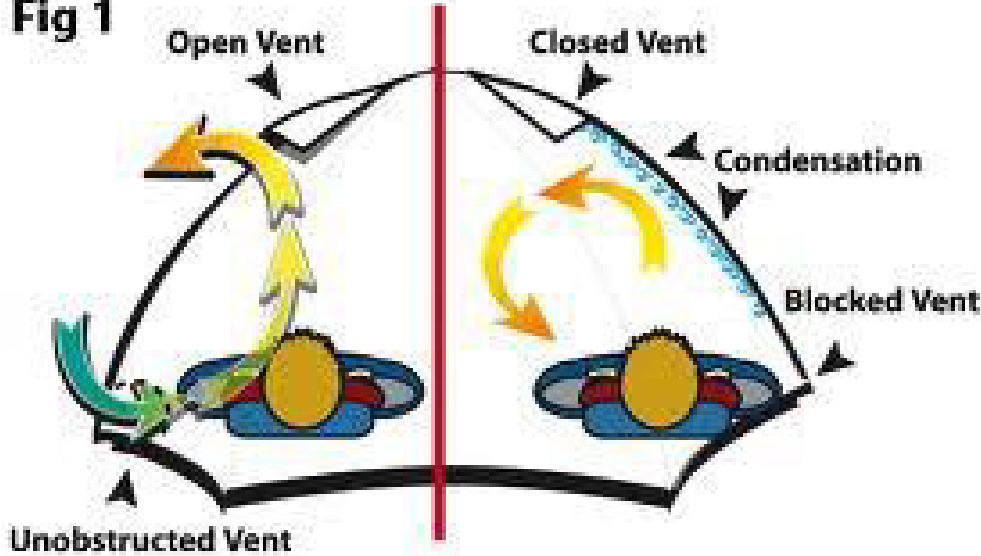
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Tent Ventilation, Rain Fly, & when to stake

Fig 1



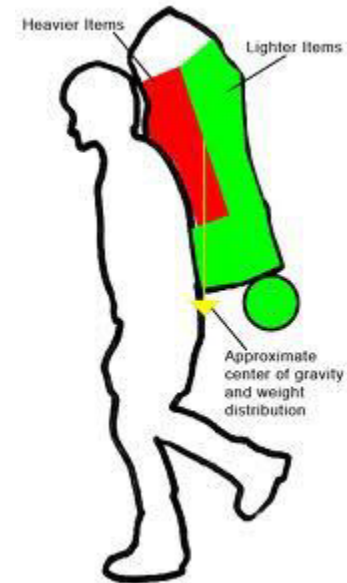
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Requirement 6D – Packs

- Tell the difference between internal- and external-frame packs
- Discuss the advantages and disadvantages of each.
 - Internal Frame Pack
 - External Frame Pack



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Requirement 6E – Sleeping bags

- Discuss the types of sleeping bags and what kind would be suitable for different conditions.
- Explain the proper care of your sleeping bag and how to keep it dry.
- Make a comfortable ground bed. (Do during next camping trip)



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Requirement 7A – Prepare for campout with your Patrol

- Prepare for an overnight campout with your patrol by doing the following:
- Make a checklist of personal and patrol gear that will be needed.
- Pack your own gear and your share of the patrol gear and food for proper carrying. Show that your pack is right for quickly getting what is needed first, and that it has been assembled properly for comfort, weight, balance, size and neatness.

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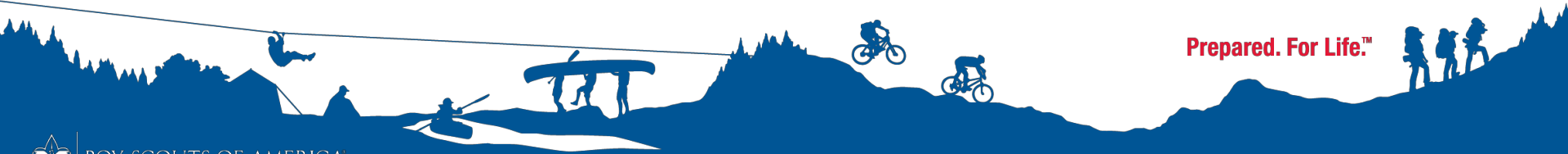




CAMPING



WEEK 3



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Requirement 3 – Make a Camping Plan (Do this on your own)

- Make a written plan for an overnight trek and show how to get to your camping spot using a topographical map and compass OR a topographical map and a GPS receiver. P22-24.
- <http://topomaps.pickatrail.com/> has free topographic (“topo”) maps you can print.

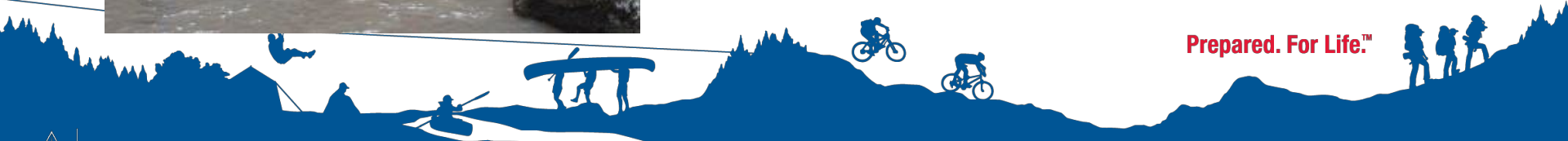


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I want to go to Zion National Park



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Example

- Zion National Park, narrows camp.
- Obtain wilderness permit.
- Prepare camping equipment for one night backpacking camping trip. (including waste disposal gear) Special precautions for river hike and keeping gear dry.
- Take bus to Temple of Sinawava stop
- Hike up river approximately 3.5 miles along map route to Big Springs.
- Camp at Big Springs. Eat dinner and breakfast. Return on day 2 via same trail.



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Requirement 8A - Stove

- Explain the safety procedures for:
 - Using a propane or butane / propane stove
 - Using a liquid fuel stove
 - Proper storage of extra fuel



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Requirement 8B - Stove

- Discuss the advantages and disadvantages of different types of lightweight cooking stoves.



Kerosene



White Gas

Propane Tank



Cartridge

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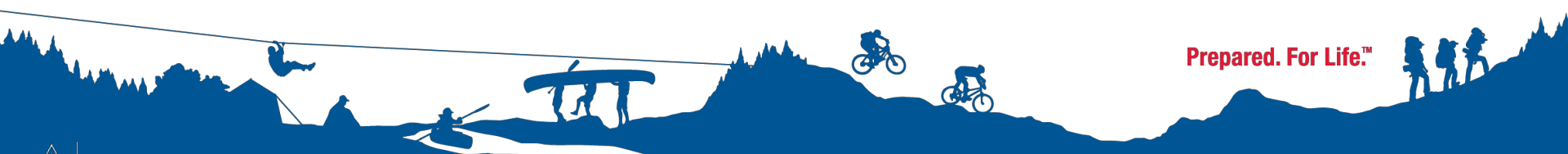




CAMPING



WEEK 4



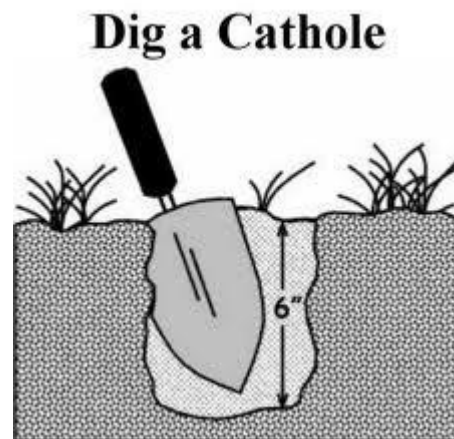
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Requirement 6B – Camp sanitation

- Discuss the importance of camp sanitation and tell why water treatment is essential.
- Demonstrate two ways to treat water.



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Requirement 8C - Menu



- Prepare a camp menu. Explain how the menu would differ from a menu for a backpacking or float trip.
- Give recipes and make a food list for your patrol. Plan two breakfasts, three lunches, and two suppers. (Do on your own)
- Discuss how to protect your food against bad weather, animals, and contamination.





Example

- Cous Cous with chicken, peas and corn

2 cups cous cous, 1 package concentrated chicken broth, 1 cup each dehydrated peas and corn, 1/2 cup dehydrated chicken. 2 cups water.

BEFORE CAMP: Mix dry ingredients at home. Store in plastic bag.

AT CAMP: Boil water. Add dry ingredients & broth concentrate. Stir in chicken. Bring to boil and allow to sit covered for 10 min. Makes 2 large servings.

- Think “dry”. Look for instant meals/boxes at supermarket that you add only water to. Remove items from box packaging and repack.
- You will have no refrigeration. Freeze dried or canned. Don’t bring canned veggies, too much water weight. Save cans for meats like chicken. Bagged meats are even better.

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Requirement 8D – Menu

- Cook at least one breakfast, one lunch, and one dinner for your patrol from the meals you have planned for requirement 8c. At least one of those meals must be a trail meal requiring the use of a lightweight stove.
- I will bring a lightweight camp stove to both summer camp and a future camping trip. You can fulfill this requirement at either of these locations. We will plan this menu together before we go camping.

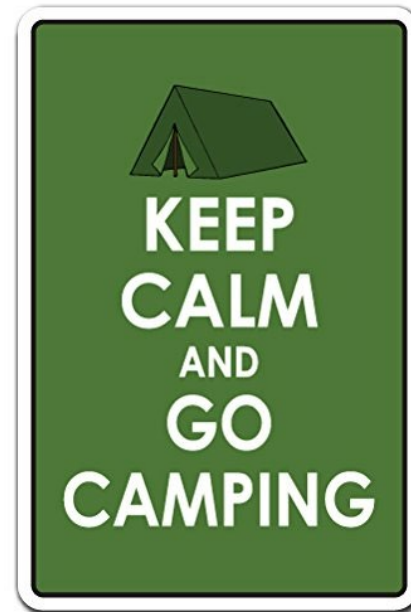
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Requirement 10 – What you learned

- Discuss how the things you did to earn this badge have taught you personal health and safety, survival, public health, conservation, and good citizenship.
(Do on your own)



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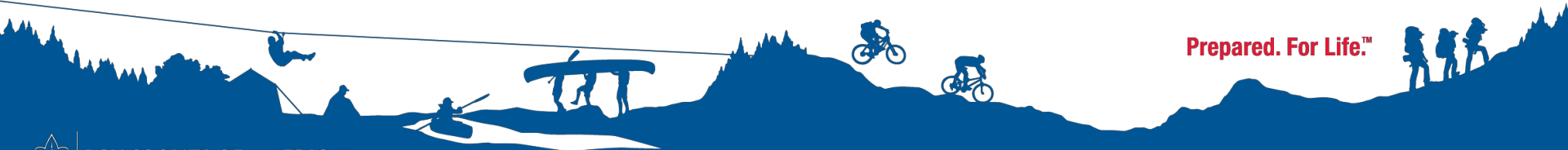




CAMPING



CAMPING TRIP



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BOY SCOUTS OF AMERICA



Requirement 4B – Plan an actual campout

- Help a Scout patrol or a Webelos Scout unit in your area prepare for an actual campout, including creating the duty roster, menu planning, equipment needs, general planning, and setting up camp.
 - Duty roster,
 - Menu planning,
 - Equipment needs,
 - General planning,
 - Setting up camp.

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Requirement 9A – Go Camping

- Camp a total of at least 20 nights at designated Scouting activities or events. One long-term camping experience of up to six consecutive nights may be applied toward this requirement. Sleep each night under the sky or in a tent you have pitched. If the camp provides a tent that has already been pitched, you need not pitch your own tent.

Document in your book!

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Requirement 9B – Do two of these

On any of these camping experiences, you must do TWO of the following, only with proper preparation and qualified supervision:

- Hike up a mountain, gaining at least 1,000 vertical feet.
- Backpack, snowshoe, or cross-country ski for at least four miles.
- Take a bike trip of at least 15 miles or at least four hours.
- Plan and carry out a float trip of at least four hours.
- Plan and carry out an overnight snow camping experience.
- Rappel down a rappel route of 30 feet or more.

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Requirement 9C – Conservation Project

- Perform a conservation project approved by the landowner or land managing agency.
- Examples
 - Trash removal at a campground
 - Trail improvements like blocking trail short cut trails or placing rocks to mark trails.
 - Clean out fire rings.
- I will check to see if there is anything we can perform as a troop at either summer camp or future camping trip.

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